



A GATHERING FOR LOCAL THERAPISTS

Between Sessions

Networking · Consultation · Connection

Being a therapist can be isolating — most of our best thinking happens alone, between sessions. **Between Sessions** is a laid-back gathering for local therapists and counselors to network, consult on cases, and connect with colleagues who get it. Grab a coffee, bring a question, and leave with a little more support in your corner.

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| ● WHEN
Every other month | ● TIME
9:00 – 10:00 AM |
| ● LOCATION
1777 Bull St, Columbia, SC | ● COST
Free |

What to Expect

- 1 **Welcome & introductions** — meet fellow local therapists over coffee.
- 2 **Open case consultation** — bring a question or challenge; think it through together.
- 3 **Connection time** — unwind, network, and build community with peers in the field.

Who it's for: Local therapists, counselors, and mental health professionals of all backgrounds and experience levels. Come as you are — no prep required.

RSVP or questions:

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*Between Sessions meets every other month.
Hosted by Jill Smith & Associates Counseling.*